



Aircraft: G-GDER (R100)

Startup		Brakes Off		Fuel Required	309.1 ltr
Takeoff		Landing		Fuel on Board	120.0 ltr
Brakes On		Shutdown		Endurance	2 hr 40 m

Elevation 80 ft (3 hPa), SR 05:25 Z, MC...	MSA	Level	TrkT	Wind	HdgM	GS	Dist	Time	ETA	ATA
EGTF FAIROAKS ● Limpsfield	1800	2000	104	050/10	101	110	22	12		
Limpsfield EGMD LYDD	1700	2000	117	048/10	114	120	40	20		
EGMD LYDD LFQB TROYES BARBEREY	2100	2000	143	052/17	135	123	199	97		
LFQB TROYES BARBEREY LFOH CHATILLON SUR SEINE	2900	2000	142	054/15	134	122	36	18		
LFOH CHATILLON SUR SEINE LFEV GRAY SAINT ADRIEN	2900	2000	120	057/18	112	114	49	26		
LFEV GRAY SAINT ADRIEN LFSP PONTARLIER	4200	2000	137	076/12	131	108	43	24		
LFSP PONTARLIER LAP La Praz	6100	6100	166	100/11	160	127	14	7		
LAP La Praz LSGL LAUSANNE - LA BLECHE...	5500	5900	133	156/10	133	122	12	6		
LSGL LAUSANNE - LA BLECHERETTE N4622.83 E00654.87	7900	3700	129	134/08	127	126	16	8		
N4622.83 E00654.87 LSGB BEX	8300	3700	158	099/08	153	123	7.9	4		
LSGB BEX ● Praz de Fort	12200	3800	160	158/03	159	98	17	10		
Praz de Fort ● La Fouly	13600	3800	198	222/04	197	94	3.7	2		
La Fouly N4553.03 E00703.74	13600	9100	208	219/03	206	142	3.3	1		
N4553.03 E00703.74 ● Courmayeur	14700	2000	216	219/03	214	148	6.7	3		
Courmayeur MMNW1 MMNW1 (La Salle)	11600	2000	124	217/03	123	146	5.2	2		
MMNW1 MMNW1 (La Salle) N4542.25 E00707.84	11400	2000	135	000/00	133	143	3.5	1		
N4542.25 E00707.84 MWW1 MWW1 (Aosta West)	10900	3500	081	000/00	080	126	5.7	3		
MWW1 MWW1 (Aosta West) LIMW AOSTA	12500	2000	075	000/00	073	134	4.5	2		
LIMW AOSTA MWE1 MWE1 (Nus)	12500	2000	087	000/00	085	90	4.5	3		
MWE1 MWE1 (Nus) MMNW4 MMNW4 (Chatillon)	10500	4400	087	000/00	085	129	6.2	3		
MMNW4 MMNW4 (Chatillon) ● Verres	10200	4300	151	108/04	148	125	5.8	3		
Verres ● Pont-Saint-Martin	10500	2000	133	104/05	130	138	5.9	3		
Pont-Saint-Martin ● Ivrea	9000	2000	158	092/05	154	123	8.9	4		
Ivrea ● San Giovanni-San Bernardino	5100	2000	119	060/09	113	119	84	43		
San Giovanni-San Bernardino ● Terenzo	5300	2000	116	102/13	112	111	23	12		
Terenzo ● Carpineti	5200	2000	117	093/10	113	114	21	11		



Carpinetti ● Lama	6100	2000	134	088/10	128	117	13	7		
Lama 🔄 FI05 Aviosuperficie Renzo Storai	6000	2000	123	082/10	118	116	37	19		
FI05 Aviosuperficie Renzo Storai ◆ LA BUIA LA BUIA N4327.22 E01206...	6200	2000	137	071/18	127	115	43	22		
LA BUIA LA BUIA N4327.22 E01206.43 🔄 LIQF Sansepolcro Palazzolo	5600	2000	011	068/19	016	117	6.8	3		
Elevation 1,037 ft (37 hPa), SS 17:35 Z, ECT 1...									746	6:18

Fairoaks (EGTF)	Flight Information Service
Fairoaks Information 123.425	LILLE INFO 120.275
Fairoaks Radio 123.425	Paris Info 125.700
LARS	Le Touquet Cote D'opale (LFAT)
Farnborough Radar (W) 125.250	ATIS 123.125
Listening Squawk	Flight Information Service
Gatwick (0012) 126.825	LILLE INFO 134.825
Flight Information Service	Amiens-Glisy (LFAY)
London Information 124.600	AMIENS Information 123.400
London CTR	Lille TMA
Heathrow Radar 125.625	LILLE Approche 120.275
LARS	LILLE Approche 134.825
Brize Radar 124.275	LILLE Approche 126.475
London Heathrow (EGLL)	Compiegne Margny (LFAD)
Heathrow Radar 125.625	COMPIEGNE 122.300
Heathrow Director 119.725	Flight Information Service
LARS	Paris Info 126.100
Farnborough Radar (E) 123.225	SEINE INFO 134.300
London Gatwick (EGKK)	SEINE INFO 120.325
ATIS 136.525	Troyes Barberey (LFQB)
Gatwick Director 126.825	TROYES Information 123.725
Redhill (EGKR)	Besancon La Veze (LFQM)
ATIS 125.300	BESANCON Information 122.200
London Gatwick CTA	Pontarlier (LFSP)
Gatwick Director 126.825	PONTARLIER 135.700
Biggin Hill (EGKB)	Flight Information Service
Biggin Approach 129.400	Geneva Information 126.350
ATIS 135.675	BALE INFO 135.850
Lydd (EGMD)	Montricher "R" (LSTR)
Lydd Approach 120.700	Montricher "R" AFIS 133.200
ATIS 129.225	Lausanne - La Blecherette (LSGL)
Lydd Tower 119.375	Lausanne Radio 123.200



Bex (LSGB)		Aviosuperficie di Rubbiano	
Bex Radio	122.150	Rubbiano Radio	130.000
Flight Information Service		Cavola	
Milano Information	124.925	cavola Radio	130.000
Aosta (LIMW)		Flight Information Service	
Aosta Aerodrome Information	119.950	Padova Information	124.150
Ivrea Montalto Dora		Aviosuperficie Renzo Storai	
Montalto Dora Radio	118.450	storai Radio	130.000
Biella Cerrione (LILE)		Collina	
Biella Aerodrome Information	123.050	Collina Radio	130.000
Aviosuperficie Club Astra		Sansepolcro Palazzolo (LIQF)	
Mezzana Bigli Radio	119.100	Palazzolo Avio Radio	128.700
Flight Information Service		Palazzolo Avio Radio	130.000
Milano Information	128.925		
FRK (Fairoaks)	109.850 DME	BSN (Boursonne)	114.850 DME
FOS (Fairoaks)	348.0 NDB	TY (TY)	111.150 DME
LON (London)	113.600 VOR/DME	TY (Ty)	320.0 NDB
OCK (Ockham)	115.300 VOR/DME	TRO (Troyes)	116.000 VOR
EPM (EGLL)	316.0 NDB	LAP (La Praz)	110.650 DME
BIG (Biggin)	115.100 VOR/DME	SPR (St-Prex)	113.900 VOR/DME
ILDY (Lydd)	108.150 DME	IAOS (Aosta)	109.750 DME
LZD (Lydd)	397.0 Locator	SCS (Aosta)	109.250 VOR/DME
LYD (Lydd)	114.050 VOR/DME	BLA (Biella)	116.100 VOR/DME
ABB (Abbeville)	108.450 VOR/DME	VOG (Voghera)	115.500 VOR/DME
MTD (Montdidier)	113.650 VOR	FRZ (Firenze)	115.200 VOR/TAC